Nursery Routine Moon Room- Babies

We operate a relaxed approach to the nursery routine, where the children’s needs come first. This is a basic outline of the times at which things take place during the nursery day but is always subject to change.

If your child is going to be absent or you are going to bring your child in late, you must call the nursery within half an hour of your child’s start time and inform your child’s key worker or management.

It is highly recommended that you bring your child on time to their session, in order that they get the most from their nursery day. Late arrivals are not only disruptive for your child, as they may miss some activities, but also to the rest of the children and staff.

Baby’s routine will be determined by the parents at the settling in session and continued at nursery.

Food and Bottles

Bottles and pre-mixed cartons of formula milk must be provided by parents each session and will be given according to parents instructions on routine.

From the age of one, babies will be moved on to our weaning menu of healthy pureed meals. In partnership with parents we will reduce and remove the formula milk from their diet and move children on to whole cow’s milk on breakfast. Children will no longer be given bottles as nourishment provided by our healthy, balanced meals is sufficient.

Water

Babies have their own labelled water beaker, which is offered throughout the day.

Sleep

Babies will sleep according to the routine outlined by parents at the settling in session. Babies are put to sleep in cots (feet to foot). They will be placed on their backs (unless they can turn themselves) and encouraged to self soothe with comforters, if necessary. Babies are constantly monitored in the room by a practitioner whether asleep or awake.

**8:00 am**- Nursery opens. We are unable to allow any child or parent on the premises before this time. Children are greeted and welcomed by a familiar practitioner.

**10:00 am**- Nappies are checked and changed. Older babies will be offered a fruit snack.

**10:30 am**- Main activity undertaken by key worker. Babies may play in the room or outside on the veranda under constant supervision.

**11:30 am**- Lunch Time. If a baby is on the weaning menu, lunch is served at this time.

**12:00 pm**- Nappies are checked and changed.

**1:00** **pm**- The afternoon session begins and children arriving are greeted and encouraged to free play with peers and a familiar practitioner.

**2:00 pm**- The main adult-lead activity begins, with the same learning opportunities as the morning session. For children who attend all day, this will be adapted or extended, depending on their learning needs and response to the morning activity.

Children may go for a trip or short walk spontaneously.

**3:30 pm**- Tea Time. As with lunch, babies on the weaning menu will be served tea at this time.

**6:00 pm**- Nursery closes. Children must be collected by this time.