Nursery Routine Rocket/Galaxy Room

We operate a relaxed approach to the nursery routine, where the children’s needs come first. This is a basic outline of the times at which things take place during the nursery day but is always subject to change.

If your child is going to be absent or you are going to bring your child in late, you must call the nursery within half an hour of your child’s start time and inform your child’s key worker or management.

It is highly recommended that you bring your child on time to their session, in order that they get the most from their nursery day. Late arrivals are not only disruptive for your child, as they may miss some activities, but also to the rest of the children and staff.

**8:00 am**- Nursery opens. We are unable to allow any child or parent on the premises before this time. Children are greeted and welcomed by a familiar practitioner. Children are offered breakfast.

**8:30 am**- Breakfast finishes and is cleared away. If you wish your child to have a nursery breakfast, please bring them in with enough time to finish their meal. Children free play with peers in their own room or on the veranda.

**9:00 am**- Children can take part in group time. This involves self-registration, singing songs and a story, saying hello and greeting their friends. Children will find out, through the visual timetable, what activities they will take part in that day.

**9:30 am**- Snack café opens. Children have access to a fruit snack between 9:30 and 10:00, as they wish. Nappies are checked and changed.

Children are encouraged to have a drink of water. Their cups and fresh water are available and accessible throughout the day.

**10:00 am**- The main, adult-lead activity begins and children are encouraged to voluntarily participate. Free choice opportunities are also available. Children have free-flow access to the veranda

Children may go for a trip or short walk spontaneously.

**11:20 am**- Children are encouraged to work together to tidy up the room. Children are supervised in hand washing to promote good hygiene and prepare for lunch.

**11:30 am**- Lunch Time

Children are again encouraged to have a drink of water with their meal and gently encouraged to try new tastes and textures

**12:00 pm**- Nappies are checked and changed again so children can go to sleep clean and dry. Hand and faces are washed, encouraging independence and food-soiled clothes are changed.

**12:15 pm**- Sleep Time. If your child stays for the whole day, they will be put to sleep in their own room on soft mats with their comforters and blankets. The room is quiet and calm with a familiar practitioner present at all times. Children are encouraged to self-soothe while going to sleep.

If your child is attending a morning session only, they are taken with the other children whom stay awake to free play until collected.

**1:00** **pm**- The afternoon session begins and children arriving are greeted and encouraged to free play with peers and a familiar practitioner.

**2:00 pm**- Children are gently encouraged to wake up and start the afternoon. Nappies are checked and changed. Children have the opportunity to take part in afternoon group time, which runs the same way as the morning session.

**2:15 pm**- The main adult-lead activity begins, with the same learning opportunities as the morning session. For children who attend all day, this will be adapted or extended, depending on their learning needs and response to the morning activity. Children have access to free play choices and free-flow access to the veranda

Children may go for a trip or short walk spontaneously.

**3:20 pm**- Children are encouraged to work together to tidy away and wash their hands to prepare for tea.

**3:30 pm**- Tea Time. As with lunch, children are encouraged to eat and drink healthily.

**4:00 pm**- Tea is cleared away and children are encouraged to wash their hands and faces. Clothes will be changed if necessary. Nappies are checked changed again.

Children free play until collected.

**6:00 pm**- Nursery closes. Children must be collected by this time.